

**What Good Can Come of This?**

The collective stress from this terrible time is taking its toll on each of us, our families, our communities, and our country. We also know, from personal experience, that negative experiences can bring positive changes. In Harvard Business Review's "[Growth After Trauma](#)," psychologist [Richard Tedeschi](#) shares the five elements of growth for a stronger you in the aftermath of this annus horribilis. One encouraging key to successful personal growth is to support others in their posttraumatic growth.

**Blurring Your House on Google Street**

Anxious to create as much digital privacy as possible? You can now blur the digital image of your personal residence on Google Maps outfoxing casual snoopers and those with more nefarious purposes. Follow these [simple steps](#) with one caveat: once you blur the image, you can't unblur it.

**Meet Our Team**

In this year of COVID, Abacus's Chief of Staff, [Alexa Kirby](#), has a well-deserved moniker, Chief Celebration Officer. From hosting Zoom wedding showers with Amanda McNulty and Terasa Lott of [Making it Grow](#) to Zoom cooking classes with all our Abacus families hosted by [Adam Mayer](#) of [Txow Txow](#), Alexa is keeping us connected and our culture vibrant. Oh, and in her spare time, Alexa completed her [Financial Paraplanner Qualified Professional \(FPQP<sup>tm</sup>\)](#) designation!

**Abacus in the Community**

Abacus is a proud sponsor of Columbia Museum of Art's [Visions from India: 21<sup>st</sup>-Century Art](#) exhibition from the Pizzuti Collection. Join Abacus on Sunday, October 18 from 3:00 to 4:30 p.m. EDT for a [virtual tour](#) of this exquisite showcase of 21st century works from India and its diaspora with curator [Catherine Walworth](#).

**Athena's Corner: Upside Down Markets**

Today's markets might have you feeling a bit like Alice in *Through the Looking Glass* with economic challenges at every turn while the market keeps moving forward. In the podcast series, "[Invest Like the Best](#)," Jesse Livermore (don't be put off by the pseudonym) discusses the impact of today's monetary and fiscal policy changes on current and future market valuations. For the geeks among us, the Abacus investment team recommends Livermore's [Upside-Down Markets: Profits, Inflation and Equity Valuation in Fiscal Policy Regimes](#).