



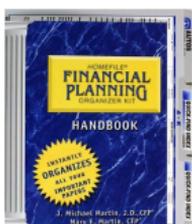
## Dying Well

*"People are not disturbed by things, but by the view they take of them" - Epictetus*

Over the past six months, Abacus has suffered the loss of, and celebrated the life of, almost a dozen clients. Our hearts are heavy. This intimate connection to the circle of life inspires us to consider planning for all phases of life, including death. This month, inspired by TedTalk Radio Hour host Guy Raz's [Dying Well](#), we share many of our resources for death and dying.

## Go Green?

An eco-friendly funeral is gaining momentum as clients are increasingly interested in preserving the environment and/or saving money. The Green Burial Council [planning guide](#) outlines the options for a "green" burial. Other resources to consider when planning a green burial include [Let Your Love Grow](#) and [Eternal Reefs](#).



## Organize Your Life at Every Age

Abacus has a rule of thumb: if you have more than one drawer of important files, it's time to [organize](#) and streamline. We recommend HomeFile, a simple-to-use kit that organizes your crucial documents. Any family member can find the right document in seconds. Our favorite feature of the kit is guidance on when to destroy (or archive) documents. For a digital companion organizer, Abacus recommends [Evernote](#). Remember Abacus welcomes all trash bags of documents earmarked for shredding. [E-mail](#) Alexa Kirby for your HomeFile Organizer Kit. (Makes a great wedding present, too!)

## Lessons From Mother Teresa

Inspired by his experiences at Mother Teresa's Home for the Dying, [Jim Towey](#) created [Five Wishes](#), a legal document that guides you through planning for a serious illness, disability, or loneliness. Thanksgiving is the ideal time, with family gathered 'round, to complete and discuss this guide with your loved ones. [E-mail](#) Alexa Kirby for your Five Wishes guide today.



## Athena's Corner: Aged Healthy, Wealthy & Wise

Who isn't curious about how to ensure that our later years continue to have a positive impact, especially on those we cherish? Based on interviews of vibrant elders, Abacus's colleague [Coventry Edwards-Pitt](#) shares compelling strategies and choices that will help you design your own later-life experience. [E-mail](#) Alexa Kirby for a (signed!) copy to read or share.

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